



INTERNATIONAL TOURNAMENT IN ACROBATIC GYMNASTICS

10–11 April 2027

KEILA · ESTONIA



ORGANISED BY PARTNERAKRO · PARTNERAKRO.EE

WELCOME

Dear Friends of Acro,

PartnerAkro warmly invites your club, regional or national team to the **Keila International Acro Cup — Rising Stars**, held in Keila, Estonia on 10–11 April 2027.

KIAC is built around one idea: give developing acrobats a real international start. Two full days of competition on a Gymnova spring floor, a handstand blocks competition alongside it, and a party on the Saturday evening. We are committed to giving you the best experience we are able to.

Accommodation, all meals and every local travel ticket your delegation needs are arranged in one package, with two hotels to choose from — so your coaches can think about routines instead of logistics.

AT A GLANCE

DATES

10–11 April 2027

Arrival Fri 9 April · competition Sat–Sun

VENUE

Keila Tervisekeskus

Paldiski mnt 17, 76607 Keila

FLOOR

Gymnova spring floor

Installed in the main hall for the tournament

CATEGORIES

Mini → Senior

Grades 1–4 local · Pre-Youth–Senior FIG

ENTRY FEE

35 or 45 € per gymnast

35 € combined · 45 € balance + dynamic · optional 15 € handstand blocks

ACCOMMODATION

from 90 € per person, per night

Two hotels · full board · all local travel tickets

ENTRIES VIA

Acro Companion

All registration, music and tariff sheets

REGISTRATION CLOSES

15 February 2027

Nominative entries and final payment

Also at KIAC — handstand blocks. A handstand blocks competition runs alongside the tournament in four levels, open to any accredited gymnast for 15 € extra. Bases and tops both welcome — see page 3.

WHO CAN COMPETE

Age groups and categories

The competition is open to national, regional and club teams, and runs under the FIG Code of Points 2025–2028, the NDP 11 programme for the graded classes, and the requirements of the Estonian Gymnastics Federation's Technical Committee of Acrobatic Gymnastics. Categories: **women's pair, men's pair, mixed pair, women's group (3), men's group (4)** — a gymnast may compete in one category and one age group only.

AGE GROUP	BIRTH YEARS	PROGRAMME	FINALS	RULES
Mini 7–11 · Grade 1	2020–2016	Combined	—	Local
Mini 7–12 · Grade 2	2020–2015	Combined	—	Local
Children 8–14 · Grade 3	2019–2013	Combined	—	Local
Children 8–15 · Grade 4	2019–2012	Combined	—	Local
Aspire 9–16	2018–2011	Combined	Yes	Local
Pre-Youth 11–16	2016–2011	Balance + Dynamic	Yes	FIG
Youth 12–18	2015–2009	Balance + Dynamic	Yes	FIG
Junior 13–19	2014–2008	Balance + Dynamic	Yes	FIG
Senior 14+	2013 and earlier	Balance + Dynamic	Yes	FIG
National Seniors	one member 2011 or earlier	Combined	—	Local

FIG classes follow FIG age-group rules exactly. **Local** classes follow rules approved by the Estonian Gymnastics Federation, circulated separately and published at kiac.partnerakro.ee.

The National Seniors class is open to visiting clubs on the same terms as Estonian clubs — lighter difficulty requirements and a single combined routine, so a gymnast can compete at a level matching their preparation rather than their age group. At least one partner must be 16 or older in the year of the competition, and partners may differ by no more than 7 years — unless the youngest is 14 or older that year, when the age difference is not limited.

HOW PLACES ARE DECIDED

MINI, CHILDREN & NATIONAL SENIORS	One combined exercise. The ranking is decided on that single score. No finals.
ASPIRE	One combined exercise in qualification.
PRE-YOUTH, YOUTH, JUNIOR, SENIOR	One balance and one dynamic exercise in qualification, ranked on the sum of the two scores.
FINALS	Held in Aspire, Pre-Youth 11–16, Youth 12–18, Junior and Senior when at least 10 units are entered — top eight advance. Youth, Junior, Senior and Aspire finalists perform a combined exercise — scored from zero, except in Aspire where it's added to the qualification score. Pre-Youth 11–16 is the exception: one routine, balance or dynamic , set by that year's FIG rules, scored from zero.
SMALL FIELDS	Every category is run as entered wherever possible. If fewer than three units are entered, the organiser may combine age groups or categories, and will agree this with the heads of delegation before the competition. ³

HOW THE WEEKEND RUNS

Provisional schedule

The time schedule below is indicative and may change. It is here so you can book flights and plan a weekend; the detailed running order is published on Acro Companion one week before the competition, and the organiser will inform delegations of changes that affect them.

FRIDAY 9 APRIL

14:00	Accreditation opens at Keila Tervisekeskus
15:00–21:00	Podium training, by allocated slot
21:15	Orientation meeting and judges' meeting

SATURDAY 10 APRIL

09:00–17:00	Competition
20:00–22:00	KIAC disco

SUNDAY 11 APRIL

10:00–16:00	Competition, finals and award ceremonies
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MONDAY 12 APRIL

Morning	Departure after breakfast, for delegations staying the extra night
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Accreditation is easiest done when you arrive for your training slot — come 30 minutes early and it is handled on the spot. The head of delegation presents passports and insurance certificates for the whole delegation.

HANDSTAND BLOCKS

ALONGSIDE	A handstand blocks competition runs in parallel with the tournament. Any accredited gymnast may enter, whether they compete as a base or as a top.
LEVELS & RULES	Levels 1 to 4 — enter the level that suits you. Run under Finnish handstand blocks rules, circulated separately with this invitation.
ENTRY FEE	15 € per gymnast, in addition to the tournament entry fee.

WHERE IT HAPPENS

Keila Tervisekeskus

Keila's sports and health centre sits in the middle of town, about fifteen minutes' walk from the railway station, with changing rooms and a 25 m pool in the same building.

Competition is held on a **Gymnova spring floor**, installed in the main hall for the tournament. Each rotation gets 30 minutes of warm-up on the competition floor itself; all other warm-up is on acro carpets in the same hall, curtained off from the competition area.

We rebuild the hall every year. The competition floor and the whole competition area are designed from scratch for each edition, with a professional lighting team and special effects through the competition.

ADDRESS	Paldiski mnt 17 76607 Keila, Estonia
FLOOR	Gymnova spring competition floor
WARM-UP	Acro carpets, curtained off inside the main hall · 30 min on the competition floor before each rotation
STREAMING	Live broadcast at kiac.partnerakro.ee



GETTING THERE

By air. Tallinn Airport (TLL) is 35 km from Keila. Tram **T4** leaves from in front of the terminal to **Tondi**, a station on the Keila railway line — one line serves both hotels and the venue.

By ferry. Tallinn passenger port serves Helsinki and Stockholm. Take a tram to the centre and a train from Balti jaam.

Every ticket is included. Trains and city buses are covered by the package. Step-by-step instructions with photographs are at kiac.partnerakro.ee.

FROM HESSNERY	13 min walk to Laagri, 13 min train, 14 min walk — about 40 min
FROM DZINGEL	Bus 5 to Kalev, walk to Tondi, 29 min train, 14 min walk — about 1 h 5 min
FROM THE AIRPORT	Tram T4 to Tondi, then the same Keila train
HOTEL-VENUE SHUTTLE	If enough delegations register, we will look into a bus between the hotels and the venue — to be announced

Athletes are not travelling alone. Each delegation moves as a group with its own coaches and head of delegation — the organiser does not provide separate transport or supervision, but no gymnast is ever routing themselves independently. The step-by-step guide is written for the adults leading each group.

WHERE YOU STAY

Two hotels, one package

All delegations are accommodated through the organisers. **Booking accommodation through KIAC is a condition of entry** — this is how transport, meals and accreditation numbers are planned.

CATEGORY B

Hessnery Hotel ★★★★★

A new aparthotel on the Pääsküla edge of Tallinn, with a free gym, guest lounge and laundry. The quicker of the two for reaching Keila.

ADDRESS	Pärnu mnt 453h, 10916 Tallinn
ROOMS	Twin rooms, private bathroom, kitchenette, free Wi-Fi
TO KEILA	13 min walk to Laagri station, then 13 min by train
CHECK-IN	Self check-in by door code; codes sent to the head of delegation in advance

CATEGORY C

Hotel Dzingel ★★★

A nine-storey hotel with its own restaurant in Nõmme, the green district of Tallinn. The more economical option, with larger rooms and one extra leg of travel.

ADDRESS	Männiku tee 89, 11213 Tallinn
ROOMS	3- to 6-bed rooms, private bathroom, free Wi-Fi
TO KEILA	Bus 5 to Tondi station, then 29 minutes by train
CHECK-IN	Reception, staffed 24 h

THE PACKAGE

- ◆ Accommodation at your chosen hotel
- ◆ Breakfast at the hotel; lunch and dinner at the venue
- ◆ All local travel tickets — train and city bus
- ◆ Entry to the closing disco
- ◆ Accreditation and event materials
- ◆ Access to warm-up and podium training

PER PERSON, PER NIGHT

HESSNERY · B

DZINGEL · C

Everything listed above included, any number of nights

120 €

90 €

Book as many nights as your delegation needs. Breakfast is served at the hotel every morning including the day of departure; lunch and dinner are served at the venue on competition days. The same rate applies to coaches, judges and accompanying family members. 50% is due by **15 January 2027**, the balance by **15 February 2027**.

SATURDAY EVENING

After the first competition day the athletes get an evening of their own: the **KIAC disco**, held at a separate venue away from the arena — a party organised by the event, with music, dancing, activities and snacks. Open to every accredited athlete, with the coaches invited to watch from a safe distance. A ticket is included in the package for all delegation members.

THE FORMAL PART

Competition directives

ORGANISER	PartnerAkro / MTÜ Akropesa · Registry code 80391084 Tamme tee 10/8, Kulna küla, 76613 Harju maakond, Estonia
RULES	FIG Statutes and Technical Regulations, Code of Points 2025–2028, the age-group rules valid in the year of the event, and all official FIG newsletters. Graded classes follow the NDP 11 programme, and all events the requirements of the Estonian Gymnastics Federation's Technical Committee of Acrobatic Gymnastics.
DELEGATIONS	Head of delegation, coaches, judges and an unlimited number of acrobatic units. We ask that coaching staff stay proportionate to the units entered.
JUDGES	Each club or federation provides judges of national or international category according to the number of units entered: 1–8 units — 1 judge · 9–12 units — 2 judges · 13+ units — 3 judges . Judges must be available for the entire competition and remain present until the end of the award ceremony. A penalty of 250 € applies per missing judge. The organiser covers meals on competition days for the judges a delegation is required to provide.
ACCREDITATION	Keila Tervisekeskus, from 14:00 on Friday 9 April. The head of delegation presents passports and valid insurance certificates for all delegation members. Accreditation is personal, non-transferable, and controls access to the training and competition halls, meals and the disco.
INSURANCE	Each delegation arranges its own accident, health and repatriation insurance, valid for the full duration of the stay. Certificates are checked at accreditation. The organiser accepts no liability for accidents or illness.
MEDICAL	First-aid service in the competition area throughout the event. Nearest hospitals, side by side in Tallinn and open 24 h: Tallinn Children's Hospital , Tervise 28 — trauma to age 15; North Estonia Medical Centre , J. Sütiste tee 19 — from age 16.
VISA	Estonia is in the Schengen area. Delegations needing an official letter of invitation should request one by 15 December 2026, giving each member's function, full name, gender, date of birth, citizenship, passport number and validity, and dates of arrival and departure.
MUSIC & TARIFF SHEETS	Uploaded to Acro Companion by 27 March 2027. Music in .mp3 only; each head of delegation must also carry all files on a USB drive. Tariff sheet corrections can be made up to 3 hours before the competition on site — the coach brings the corrected sheets in four printed copies.
AWARDS	A participation gift for every gymnast. Medals for the top three in each category — athletes attend the ceremony in competition suit.
ENTRY FEE	35 € per gymnast for one combined exercise; 45 € per gymnast for balance and dynamic. Optional 15 € for handstand blocks. Invoiced from your definitive registration, payable by 15 January 2027. First come, first served.
PAYMENT	Invoices are issued within one week of definitive registration. 100% of the entry fee and 50% of accommodation is due by 15 January 2027; the remaining 50% by 15 February 2027. Beneficiary: MTÜ Akropesa · IBAN EE00 0000 0000 0000 0000 · SWIFT XXXXEE2X · Bank name Reference: club name + KIAC 2027. Bank fees should be fully covered by the payer.
CANCELLATION	Cancellations must be made in writing by 15 February 2027. After that date entry fees and accommodation ⁷ payments are non-refundable.

MEDIA & PERSONAL DATA	Personal data of gymnasts, coaches, judges and volunteers is used in competition protocols, on Acro Companion, and on the organiser's website and social media channels. By registering, participants consent to the publication of photographs and video made of them. Anyone not consenting must notify the organiser in writing before the start of the competition. Photography and filming with professional equipment is permitted only to accredited press and photographers; there are no restrictions on phones and personal devices.
DOPING & SPORT SAFETY	Every registered athlete must be prepared for doping control; refusal or evasion is treated as an anti-doping rule violation. Athletes, coaches and judges are bound by the rules of fair play, the prevention of competition manipulation, and sport safety.
CHANGES	The organiser reserves the right to make changes to the organisation of the competition where necessary, and will inform participants in advance of changes that affect them.

WHAT TO SEND, AND WHEN

DEADLINE	WHAT IS DUE
15 October 2026	<ul style="list-style-type: none"> ■ Provisional registration — approximate delegation size. No payment, no commitment.
15 December 2026	<ul style="list-style-type: none"> ■ Definitive registration — units per category, coaches, judges ■ Accommodation form — hotel choice and number of nights ■ Visa invitation letter requests (only if travelling from outside the EU) ■ Invoices are issued from these numbers within one week
15 January 2027	<ul style="list-style-type: none"> ■ Payment — 100% of entry fees and 50% of accommodation
15 February 2027	<ul style="list-style-type: none"> ■ Nominative registration — names, dates of birth, categories ■ Judges nominated by name and category ■ Travel form — arrival and departure times ■ Payment — remaining 50% of accommodation ■ Last day for cancellation with refund
27 March 2027	<ul style="list-style-type: none"> ■ Music and tariff sheets uploaded to Acro Companion
9 April 2027	<ul style="list-style-type: none"> ■ Arrival, accreditation and podium training

HOW TO ENTER

Registration

Every stage of registration happens in Acro Companion — provisional, definitive and nominative — along with music and tariff sheets. Only the accommodation and travel forms come to us by e-mail. Accommodation must be booked through the organisers.

Entries are accepted on a first-come, first-served basis. The competition can only host a limited number of routines in two days, so **registration may close before 15 February 2027 if the programme fills** — enter early rather than late.

PLATFORM acro-companion.com

COMPETITION NAME [KIAC 2027](#)

REGISTRATION OPENS Now — as soon as this invitation reaches you

REGISTRATION CLOSES 15 February 2027 — or earlier, once the programme is full

EVENT INFORMATION kiac.partnerakro.ee

REGISTRATION AND CONTACT

ENTRIES AND FORMS

acro-companion.comkiac.partnerakro.ee

ORGANISING COMMITTEE

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We look forward to welcoming you to Keila.

Karl Oskar Ridaste

PRESIDENT · LOCAL ORGANISING COMMITTEE (LOC)